

FAITH IN EVERY SEASON

WEEK 4 | CHILDREN

SESSION 2

Pick a prayer activity based off one of the things mentioned in the video:

PRAY:

1. Grab a pen and paper and write down exactly how you feel and tell God about it. If you're creative (like David) you might then want to turn this into a poem, song or even a piece of artwork.
2. How can you get some alone time with God? Go on a walk by yourself for your daily exercise? Remove distractions by going to your room or leaving your phone somewhere else? You could ask your family for 20 mins peace to sit in the garden on your own. Use this time to pray to God about how you're feeling right now.
3. Write a list of all the dates in the next month or draw up a calendar for next month. Write one thing you're thankful for every day and use them as a prayer to God, thanking Him for each thing too.