

UNCERTAIN TIMES: CERTAIN GOD

WEEK 15 | CHILDREN

We live in a world full of uncertainty and changes, but one thing we can be sure about is who our God is. Just because our situation changes, it doesn't mean that God changes. Here are some questions and activities for you to go through to explore the topic further.

CHAT:

Use these questions below to chat with others or reflect by yourself:

What things in life are difficult to be certain about?

What things in life are we certain about?

When you're going through a difficult time, who do you go to for help?

Do you find it easy or hard to trust God when things are difficult?

Do you ever change the way that you act and think depending on the circumstances you are in? Why?

Do you think it's a good thing that God never changes? Why?

How does knowing that God is consistent help you through the uncertain and changing times?

PRAY:

Here is a prayer activity to get you praying around God being our strength in difficult times:

Go and find a small rock/stone.

Read Psalm 46:1.

Imagine that the stone represents God. Solid, strong and unchanging.

Write down on the stone one situation in which you need God's strength (for this use a marker or a felt tip).

Name the thing that you have written down out loud to God.

Take some time to pray and talk to Jesus about it.

Ask God to give you strength in the middle of that situation.

Put that stone in your room as a reminder that no matter of what you are facing, you can turn to God for strength.

DO:

Here is activity you can do to help you engage with this week's theme of 'Certain God':

Grab a piece of paper and a pen.

In the middle of the page draw a circle and inside write down all the things in your life that you are finding uncertain, difficult or overwhelming.

Around the circle write down things that you know God is (e.g. God is faithful, God is love, God is powerful etc).

Once you have completed your list, look back on your page and reflect on what you see.

Read Hebrews 13:8 out loud.

God is the same yesterday, today and forever as it says in that verse. No matter what's going on in our lives or what else changes, we can always rely on him.